

2012 MEN'S 30 & OVER BASKETBALL LEAGUE RULES

1. **Games:** Regular season games will consist of **two (2) THIRTY-FIVE (35) minute halves**. 5 minute break between halves. If game is tied at end of regulation, there will be (1) three minute overtime period. If the game is still tied, the game will end as a tie.
Note: Playoffs 4 minute overtime period.
Note: If a team is shorthanded, the captains may agree to play 30 min. halves.
 2. **Time out:** Each team has two (2) (one minute) time-outs per game. May be used at anytime. Plus (1) for overtime.
 3. **Clock:** The clock will run except in the last 15 sec. of the 1st half, last minute of the game, or for an injury. Clock will then stop on all out-of-bounds, fouls, and violations. The clock will stop when a team uses their time-out. **All fouls in the last 15 sec. of the 1st half, the last minute of a game, and the last minute of overtime, will be two (2) shot fouls. (Except on a 3 point shot attempt; 3 foul shots.)**
 4. **Fouls/ Violations/ Out-of-Bounds:**
A) These will all be called by players on the court. **If a player is fouled, he or the man who fouls him, must call the foul.** When in doubt, "shoot'em out" (odds/evens). ***No foul shot will be taken, except during the last 15 sec. of 1st half, last min. of the game, and min. of overtime.*** All these will be two (2) shot fouls. (Except on a 3 point shot attempt; 3 foul shots.)
B) If a team is fouled 3 times on the same possession, they will be given 2 points. (An offensive rebound off a missed shot is considered a new possession.) Regular foul shots in the last 15 seconds of the first half and the last minute of the game, supercedes this rule.
Captains have the authority to make determinations regarding all fouls by reaching a mutual agreement.
- ATTENTION
NEW
PLAYERS**

*In this league
we do not
intentionally
foul.*
5. **Jump Ball:** There will be no actual Jump Balls. Captains will "shoot'em out" (odds/even) for the possession of the ball at the start of the game. Alternate for second half possession. Held ball or simultaneous out-of-bounds - "shoot'em out".
 6. **Out-of-Bounds:** You must 'check' the ball with the defensive team before the ball may be put into play. Check ball at top of the key, one pass must be made. (No dribbles by inbound passer.) Ball must have crossed 1/2 court line to be inbounded at top of key. If inbounded in the backcourt, offensive team may not fast break without "checking" the ball.
 7. **Subs:** Only on dead ball or your possession. You cannot sub after your team makes a basket unless the other team subs.
 8. **Uniforms:** Home Team – GOLD / Visiting Team – BLUE. In the Playoffs, the higher ranked team shall be the Home Team.
 9. **Unsportsmanlike Conduct:** Throw a punch and you are banned from the league. Act like gentleman, call it when a foul is committed. The Haddam-Killingworth Recreation Department and its agents reserve the right to suspend or ban any player, no appeal. Flagrant intentional fouls will not be tolerated.
 10. **3 Point Rule:** There will be a 3 point shot rule in effect. Both of the shooter's feet must be behind the 3 point line (not on it). The shooter may jump from behind the line, as long as he releases the ball before his feet hit the floor. If the 3 point shot is good, the shooter should notify the scorekeeper by raising both arms in the air and verbally saying "3 points". If the defense disagrees with the 3 point call, a player from each team will "shoot'em out" (odds/even) to determine if it will be a 2 or 3 point shot.
 11. **NO UNATTENDED YOUNG CHILDREN ARE ALLOWED AT GAMES.**
 12. If a team thinks they will be shorthanded for a game, the Captain (***and only the Captain***) should get a substitute player from another team. The Captain must inform the opposing Captain ahead of time, ***not at game time***, that he will be using a substitute player. The substitute player or players should be of ***comparable skill***. ***The game shall count in the standings. During the playoffs, any substitutes must be of a lesser skill than the player they are replacing. Subs may not play the last 5 min. of a either half unless the team has only 5 players.***

Clean up your mess after your game and help put away chairs.

(OVER)

- 1. Clarify no sub first and last 5 min. each half.**
- 2. Clarify all sides of backboard are in play.**
- 3. Clarify ball hitting the side baskets at Old MS or KES are a do over.**
- 4. Clarify better what a sub can be.....next round down? What if a Captain? Better clarification in playoffs. In playoffs if you only have 6 you can not get a 7th player as sub. Play with the 6 you have.**
- 5. Clarify where is ball inbounded. If over mid court at top of the key...yes? In backcourt at nearest sideline.....yes? No screen at top of key on an inbound hand off?**
- 6. Shoot 'em up on ball stuck in rim.**
- 7. Clarify kicked ball...*Kicking the ball or striking it with any part of the leg is a violation when it is an intentional act. The ball accidentally striking the foot, the leg or fist is not a violation.***

Anything else?????????